

# UFFE CHRISTOFFERSEN



Light ochre - Three tigers. 80x100 cm. 2025.

DKK 22,000

## WALKING / PAINTING

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This November I have painted five pictures of walking tigers. The forward movement in the tigers' walk can also be seen as a symbol of life force. Movement is life and freedom and in the paintings I have described the walking tigers with different colour tones that emphasise their walk. The pictures are painted exclusively in light ochre colours that I mix with my own binder. I developed this when I was employed at the Colour Technology Laboratory at the Royal Academy of Fine Arts in Copenhagen for eight years. I got the colour pigment ochre while I was living in France.

I have always loved walking, and also during the 28 years I lived in the South of France, I walked at least an hour every day. I do the same now, here in Denmark. There are many ways to walk and I remember that at one point, while I was living in France, I had an Apple Watch. I diligently noted every day how far I walked, etc.

I showed the list a little proudly to my doctor, Dr. Jean-Luc Mirabel. My notes showed that I had walked a little over 240 km. in a month.

Great was my astonishment when Dr. Mirabel exclaimed:

“Monsieur Stadil Christoffersen! Vous devriez y aller par plaisir et non par obligation”.

(you should walk with pleasure and not as something you have to).

Throw away your Apple Watch and try walking with pleasure and not as a duty and think that you will be healthy by it...

I did as he said, and think about it almost every day when Annette, Trøffel and I walk in our own forests and experience nature. It is a pleasure that turns into pictures every day.

Walking comes naturally to me, it has always been in the family. My mother was very active all her life. She taught gymnastics and only stopped teaching when she was 87.



Light ochre - Three tigers. 100x130 cm. 2025.

DKK 34,000



Ochre - Tiger in reeds. 90x116 cm. 2025.

DKK 25,000



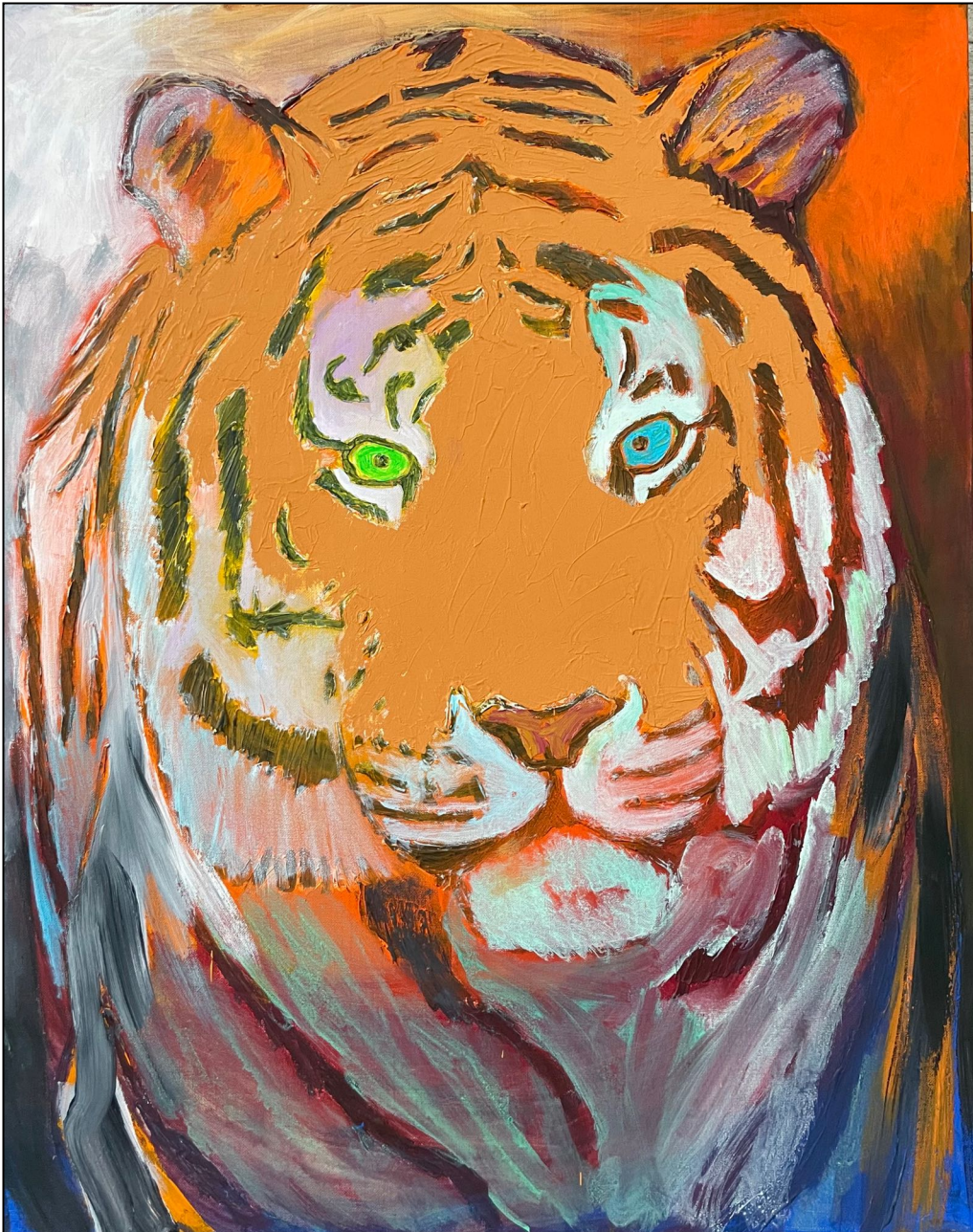
Light ochre. Two tigers. 100x80 cm. 2025.

DKK 22,000.



Ochre - Three tigers. 90x116 cm. 2025.

DKK 25,000



The tiger from Havana - 100x81 cm. 2025.

DKK 22.000

Uffe Stadil Christoffersen - mail: [uffechristoffersen@mac.com](mailto:uffechristoffersen@mac.com) - [www.uffe-christoffersen.com](http://www.uffe-christoffersen.com)

Mobile: 53610879